



# The Bharat Scouts and Guides

Creating Better India

## National Headquarters

Address: Lakshmi Mazumdar Bhawan, 16, M. G. Marg, I. P. Estate, New Delhi-110002

Website :www.bsgindia.org Email Id: info@bsgindia.org Phones:+91-11-23370126,23378667



To  
All the State Secretaries,  
State Associations of  
The Bharat Scouts and Guides,  
**NORTHERN REGION**

**Circular No.: 195 / 2024**  
**Date : 14<sup>th</sup> Oct., 2024**

### **SUB: SELF DEFENSE TRAINING FOR GUIDES AND RANGERS.**

Dear Sir/Madam,

We are pleased to inform you that the Bharat Scouts and Guides Northern Region is organizing Self Defense Training for Guides and Rangers from 04 to 08<sup>th</sup> December, 2024.

The fundamental objective of Self Defense Training is to prepare and empower the Guides/Rangers with techniques to handle an attack. Self Defense course not only enables students to defend themselves against physical attack, it also has diverse benefit for the students in their everyday lives.

Details are as under:

<b>Name of the Event</b>	:	<b>Self Defense Training for Guides and Rangers</b>
<b>Date</b>	:	04 <sup>th</sup> to 08 <sup>th</sup> December, 2024.
<b>Arrival</b>	:	04 <sup>th</sup> October 2024 before 10:00 AM
<b>Departure</b>	:	08 <sup>th</sup> October 2024 after lunch
<b>Venue</b>	:	The Bharat Scouts and Guides, Himachal Pradesh, State Training Centre, Rewalsar, District Mandi, Himachal Pradesh.
<b>How To Reach</b>	:	Participants may travel by train to Chandigarh or Ambala. From Chandigarh Sector 43 bus stand or Ambala bus stand, they can board buses on the Kullu-Manali route and reach Mandi. From Mandi, local buses to Rewalsar are available from 08 A.M. to 09 P.M. For any assistance Please contact: 1- Ms. Kiran Thakur – Mo. No. 9816850004
<b>Eligibility</b>	:	The State Associations are requested to nominate the ideal participants considering the following criteria. Guides, Rangers and Unit Leaders between 16 to 30 years of age during the time of Training ❖ Should be fluent in English and Hindi ❖ Should have Knowledge of Scouting/Guiding round the world ❖ Should be able to speak and participate in discussions, debate, symposium etc. ❖ Should have earn Rajya Puraskar
<b>Quota</b>	:	Guides – 12 + Rangers – 12 + Unit Leaders – 02 Total 26
<b>Scout Guide Welfare Fund</b>	:	Rs. 2000/- (Two Thousand) per head for Guides/Rangers/Unit Leaders to be paid at the time of Registration.
<b>Financial Assistance</b>	:	National Headquarters will reimburse food subsidy @ <b>Rs. 350/- per head</b> and travel subsidy maximum @ <b>Rs. 550/- per head</b> or actual whichever is less on production of train/Bus ticket subject to receipt of Grant in Aid from the Govt. of India. Participants of Railway State are requested to utilize Railway Pass.

		<b>Please Note:</b> Candidates may be instructed to submit his/her bank details to the Leader of the Event at the time of Registration.
<b>What to Bring</b>	:	Following materials are to be carried by each participant. Two set of correct and complete uniform as per APRO part III, Track suit, Lower and T-Shirt, light bedding, personal clothing, Toilet requisites, Torch, water bottle, plate, mug, Spoon writing materials. First aid kit, costumes for cultural programmes etc.
<b>Competitive Activities Group/Individual</b>	:	<ul style="list-style-type: none"> <li>• Enhance the ability to defend and protect</li> <li>• Enhance confidence building</li> <li>• Enhance the value of self-discipline</li> <li>• Inculcate the Knowledge of Life Skills</li> <li>• Enhance the employment opportunities</li> <li>• Facilities the Guides/Rangers in improving physical and mental health</li> </ul>
<b>Last Date</b>	:	The List of selected candidates should reach the State Secretary of Himachal Pradesh at <a href="mailto:hpbsg@yahoo.com">hpbsg@yahoo.com</a> and Deputy Director of Guide (Girl Programme) at <a href="mailto:girlprogramme@bsgindia.org">girlprogramme@bsgindia.org</a> on or before 15 <sup>th</sup> November 2024 along with the arrival and departure itinerary of the Participants.  <b>Please Note:</b> If we fail to receive confirmation by 15 <sup>th</sup> November 2024 additional quota will be allotted to other needy States. Hence, your state will miss the opportunity.
<b>BSG UID</b>	:	Participation Certificate will be issued to only UID holders

After the completion of this course, the Guides/Rangers will be able to use protection skills against threat, assaults in everyday situations. Apart from these, the students will have the eligibility to work in civil defense, security services and public, private/corporate sectors and government establishment etc.

Thanking you,

Yours in Guiding,



**(SUREKHA SHRIVASTAVA)**  
**DY. DIRECTOR OF GUIDES**  
**(GIRL PROGRAMME)**

**Encl.: Application Form of Risk & Medical Certificate**

**Copy to:-**

1. All the NHQ Office Bearers of the Bharat Scouts and Guides, National Headquarters.
2. Chairman/Secretary, Railway Scout and Guide Board, Rail Bhawan, New Delhi.
3. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shahid Jeet Singh Marg, New Delhi - 110016.
4. The Commissioner, Navadaya Vidyalaya Samiti, Institutional Area, B-15, Sector - 62, Noida, Uttar Pradesh - 201309.
5. The Director, DAV
6. All the District Secretaries, District Association of Dammam, Riyadh, Muscat and Jamiat Youth Club.
7. All the Assistant Director, BSG for necessary action.