



The Bharat Scouts and Guides

Creating Better India

National Headquarters

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To
All the State Secretaries,
State Associations of
The Bharat Scouts and Guides,
EASTERN REGION



Circular No.: 70/2024

Date: 16.04.2024

SUB: SELF DEFENSE TRAINING FOR GUIDES AND RANGERS

Dear Sir/Madam,

We are pleased to inform you that the Bharat Scouts and Guides Eastern Region is organizing Self Defense Training for Guides and Rangers from 26-30 May, 2024.

The fundamental objective of Self Defense Training is to prepare and empower the Guides/Rangers with techniques to handle an attack. Self Defense course not only enables students to defend themselves against physical attack, it also has diverse benefit for the students in their everyday lives.

Details are as under:

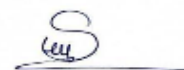
Name of the Event	: Self Defense Training for Guides and Rangers
Date	: 26 th to 30 th May, 2024
Arrival	: 26 th May before 10:00 AM
Departure	: 30 th May after lunch
Venue	: Mela Shed, Near CDO Office, East Coast Railway, Puri
How To Reach	: Trains are Available to Puri from all the parts of the country. From Puri Railway Station , will get auto to reach the Camp site which is only 01 KM away from the Railway Station. For any assistance Please contact: 1- Shri SKD Prasad – Camp Warden Mo. No. 8455887417 2- Shri Ranjit Kumar Das – SOC (s) Mo. No. 8455887622 3- Smt. Asraf ZamalI, STC (G), SOC(G) Mo. No.8249112201 4- Shri Bimal Shankar Mishra, STC (S) Mo. No. 8455891129
Eligibility	: The State Associations are requested to nominate the ideal participants considering the following criteria. Guides, Rangers and Unit Leaders between 16 to 30 years of age during the time of Training ❖ Should be fluent in English and Hindi ❖ Should have Knowledge of Scouting/Guiding round the world ❖ Should be able to speak and participate in discussions, debate, symposium etc ❖ Should have earn Rajya Puraskar
Quota	: Guides – 08 + Rangers – 08 + Unit Leaders – 02 Total 18
Scout –Guide Welfare Fund	: Rs. 2000/- (Two Thousand) per head for Guides/Rangers/Unit Leaders to be paid at the time of Registration

Financial Assistance	:	National Headquarters will reimburse food subsidy @ Rs.350/- per head and travel subsidy maximum @ Rs 550/- per head or actual whichever is less on production of train/Bus ticket subject to receipt of Grant in Aid from the Govt. of India. Participants of Railway State are requested to utilize Railway Pass. Please Note: Candidates may be instructed to submit his/her bank details to the Leader of the Event at the time of Registration.
What To Bring	:	Following materials are to be carried by each participant. Two set of correct and complete uniform as per APRO part III, Track suit, Lower and T-Shirt, light bedding, personal clothing, Toilet requisites, Torch, water bottle, plate, mug, Spoon writing materials. First aid kit, costumes for cultural programmes etc
Competitive Activities Group/Individual	:	<ul style="list-style-type: none"> • Enhance the ability to defend and protect • Enhance confidence building • Enhance the value of self-discipline • Inculcate the Knowledge of Life Skills • Enhance the employment opportunities • Facilities the Guides/Rangers in improving physical and mental health
Last Date	:	The List of selected candidates should reach the Bharat Scouts and Guides, Eastern regional Headquarters at ader@bsgindia.org with a copy to the State Secretary of East Coast Railway at ecorbsgshq@gmail.com and Deputy Director of Guide (Girl Programme) at girlprogramme@bsgindia.org on or before 15 th May 2024 along with the arrival and departure itinerary of the Participants. Please Note: If we fail to receive confirmation by 15 th May 2024 additional quota will be allotted to other needy States. Hence, your state will miss the opportunity.
BSG UID	:	Participation Certificate will be issued to only UID holders

After the completion of this course, the Guides/Rangers will be able to use protection skills against threat, assaults in everyday situations. Apart from these, the students will have the eligibility to work in civil defense, security services and public, private/corporate sectors and government establishment etc. It also offers host of job opportunities like self-defense Instructor/Trainers, Martial Art specialist.

Thanking You

Yours in Guiding



(SUREKHA SHRIVASTAVA)
Dy. Director of Guide
(Girl Programme)

Copy To:

1. The Director, BSG for your kind information please
2. The State Secretary, East Coast Railway State BSG for further action at your end.
3. The State Organising Commissioners (Scout/Guide) for your kind information and necessary action please.