



The Bharat Scouts and Guides

Creating Better India

National Headquarters

Address: Lakshmi Mazumdar Bhawan, 16, M. G. Marg, I. P. Estate, New Delhi-110002

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To
All the State Secretaries,
State Associations of
The Bharat Scouts and Guides,
INDIAN UNION



Circular No.: 37 / 2023
Date : 10th March, 2023

SUB: WORLD HEALTH DAY ON 07TH APRIL, 2023 "HEALTH FOR ALL".

Dear Sir/Madam,

Greetings from the Bharat Scouts and Guides, National Headquarters!

The Bharat Scouts and Guides is going to celebrate the World Health Day 2023. Every 07th April, the World Health Organization chooses to highlight a special theme current in the wellness and medical world. Ranging from mental health to insurance and everything in between, this day sets the tone for what's to come in the world stage. **This year's World Health Day will shine a light on nurses and midwives, the on-the-call, restless workforce that revolutionized the healthcare industry as we know it today.**

The unparalleled value of good health is celebrated on World Health Day on 07th April. Spearheaded by the World Health Organization (WHO), physical, mental, and emotional well-being is promoted and celebrated all over the world on this day.

Outdoor activities like hiking and bicycling are organized across the world. Mental health is often most neglected and, owing to our stressful lifestyles, it's very important nowadays. So meditation and therapy are greatly encouraged. Of course, you are what you eat, so the meals of the day and restaurant promotions are all about maintaining a balanced diet.

As part of the programme BSG invites the nation to be part of this movement. The theme for World Health Day 2023 is **"Health For All"**

The programme is initiated to engage our members to speak up and celebrate the World Health Day 2023. The following activities can be conducted.

- Anemia Camp
- CBE – Community Based Events (ICDS)
- Community Radio Activities
- Cycle Rally
- Defeat Diarrhoea Campaign (D2)
- Nukkad Natak / Folk Shows
- Panchayat Meeting
- Poshan Mela

- Poshan Rally
- Poshan Walk
- Poshan Workshop / Seminar
- Prabhat Faree
- Providing Water to the Toilets
- Safe Drinking Water in Anganwadi Centers
- Safe Drinking Water in Schools
- School Based Activities
- Self Helping Groups (SHG) Meetings
- Youth Group Meeting

All the State Associations are requested to conduct activities/ competitions at the state level and motivate more and more members to join the celebration and send brief report, action photographs and short videos of all the best entry to be send to National Headquarters on or before **15th April, 2023** at girlprogramme@bsgindia.org with a copy to info@bsgindia.org

We solicit your active participation and wide publicity of this celebration.

Thanking you,

Yours in Guiding,



(SUREKHA SHRIVASTAVA)
DY. DIRECTOR OF GUIDES
(GIRL PROGRAMME)

Copy to:-

1. All the NHQ Office Bearers of the Bharat Scouts and Guides, National Headquarters.
2. Chairman/Secretary, Railway Scout and Guide Board, Rail Bhawan, New Delhi.
3. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shahid Jeet Singh Marg, New Delhi - 110016.
4. The Commissioner, Navadaya Vidyalaya Samiti, Institutional Area, B-15, Sector - 62, Noida, Uttar Pradesh - 201309.
5. The Director, DAV
6. All the District Secretaries, District Association of Dammam, Riyadh, Muscat and Jamiat Youth Club.
7. All Assistant Director, Bharat Scouts and Guides for follow-up.