



The Bharat Scouts and Guides

Creating Better India

National Headquarters

Address: Lakshmi Mazumdar Bhawan, 16, M. G. Marg, I. P. Estate, New Delhi-110002

Website :www.bsgindia.org Email Id: info@bsgindia.org Phones:+91-11-23378702,23378667

To
All the State Secretaries,
State Associations of
The Bharat Scouts and Guides,
INDIAN UNION



Circular No. : 152 /2022

Date : 16th August, 2022

SUB: NATIONAL LEVEL YOGA TRAINING COURSE

Dear Sir/Madam,

We are pleased to inform you that to promote and popularize Yoga amongst the Youth, The Bharat Scouts and Guides, National Headquarters is going to organise National Level Yoga Training Course for the Unit Leaders, at SHANTIKUNJ, Haridwar, Uttarakhand from 17th to 21st September 2022.

The aim of this course is to train our Scouters & Guiders in different Yoga techniques by which they can live a stress free and balanced life. Yoga and Meditation help to strengthen physical, mental & spiritual aspects of body and builds high moral stands. They will also spread the same amongst our young people i.e. Cubs & Bulbuls, Scouts & Guides, Rovers & Rangers in Units in their respective areas.

The details of the event are as follows:

Name of the Event	:	National Level Yoga Training Course
Dates	:	17 th to 21 st September 2022
Venue	:	SHANTIKUNJ, Haridwar, Uttarakhand
Date of Reporting	:	17 th September 2022 before lunch
Date of Departure	:	21 st September 2022 after lunch
How to reach	:	Trains/Buses are available up to Haridwar. From Haridwar Railway Station/Bus Stand, share autos are available up to Shantikunj For Assistance, Please Contact: 1. Mr. Rahul Raturi (instructor), Uttarakhand Mob. No.9897965422 2. Mr. Mahinder Sharma , ROC(S), Northern Region, BSG Mob. No. 8570975289
Who can attend	:	Warranted Unit Leaders of any section running unit effectively duly recommended by the State Association may apply.

Quota Allocation	:	Scout Wing -03, Guide Wing 03 Total 06. IF YOU ARE NOT ABLE TO AVAIL YOUR QUOTA MAY KINDLY BE INFORMED AT adnr@bsgindia.org by 31st August 2022 , So that Quota may be allotted to other needy State.
Contribution for Scout Guide Welfare Fund	:	Rs. 1500/- (One Thousand Five Hundred Only) may please be remitted in the following Bank Account of the Bharat Scouts and Guides, Northern Regional Headquarters Name of the account Holder: - THE BHARAT SCOUTS AND GUIDES, NORTHERN REGION BANK: - CENTRAL BANK OF INDIA BRANCH: - DDA BUILDING VIKAS MINAR, NEW DELHI ACCOUNT NO.: - 3442528720 IFSC CODE: - CBIN0281467 ACCOUNT TYPE:- Saving Account
Financial Assistance	:	Free boarding and lodging will be provided during the camp days. A beautiful T shirt with Bharat Scouts and Guides emblem will be presented to all the participants as the memory of the camp. Traveling subsidy maximum Rs. 550/- on production of Train/Bus ticket will be reimbursed on receipt of Grant in Aid from Government of India (Participants should submit their Bank Details along with their TE Bill)
What to Bring	:	Two sets of correct and complete uniforms as per APRO-II & III Light Bedding/Sleeping Bag, Sleeping Mat, Bed Sheet, eating utensils, Toilet requisites, Mosquito Net, Personal Medicines, torch odomos tube, Notebook, Pen, Pencil, Track Suit/Comfortable dress for practicing Yoga etc. Books on Yoga & Meditation, if any.
Registration	:	Selected Candidates by State Association should register in the given link https://forms.gle/4MDEqXLtgs6qkCL37 by remitting Rs. 1500/- on or before 10th September, 2022
Last Date of Application	:	List of the selected candidate should reach the Bharat Scouts and Guides, Northern Regional Headquarters, Delhi at adnr@bsgindia.org with a copy to State Secretary, BSG, Uttarakhand State at bsguttarakhand@gmail.com on or before 10th September 2022 along with the details of arrival and departure itinerary of the participants.

We are sure, the State Associations will utilize the full quota as allotted. Please select the right and deserving candidates who are interested and able to promote Yoga activities amongst the Youth in his /her Unit as well as in the District & State Association after completion of the course.

Thanking you,

Yours in Scouting,



(Amar B. Chettri)

Jt. Director of Scouts (Prog. & Trg.)

Encl.: Application Form & Medical Certificate

Copy to:-

1. All the NHQ Office Bearers of the Bharat Scouts and Guides, National Headquarters.
Chairman/Secretary, Railway Scout and Guide Board
2. , Rail Bhawan, New Delhi.
3. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shahid Jeet Singh Marg, New Delhi - 110016.
4. The Commissioner, Novadaya Vidyalaya Samiti, Institutional Area, B-15, Sector - 62, Noida-201309, Uttar Pradesh.
5. The Director, DAV
6. All the District Secretaries, District Association of Dammam, Riyadh, Muscat, Jamiat Youth Club and Sea Scout/Guide Auxiliary Unit with a request to take necessary action.