



The Bharat Scouts and Guides

Creating Better India

National Headquarters

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To
All the State Secretaries,
State Associations of
The Bharat Scouts and Guides,
INDIAN UNION

Circular No.: 31 / 2022

Date : 17th Feb., 2022



SUB: TRAINING OF TRAINERS (TOT) FOR FREE BEING ME (BODY CONFIDENCE) PROGRAMME - PHASE-3

Dear Sir/Madam,

Greetings from the Bharat Scouts and Guides, National Headquarters!

The Bharat Scouts and Guides is glad to inform the successful completion of Free Being me Phase two and we have now entered the third phase of Free Being Me (Body Confidence) Programme, and are hoping that over 50 different Girl Guiding and Girl Scouting Associations will take part!

A new, more representative and interactive version of Free Being Me is ready to be rolled out. The new designed Free Being Me curriculum is adapted to local contexts and can be delivered to co-educational groups of 20-30 young people, in person or online, at camps, events and in rural areas.

All the State Associations are requested to nominate young and active master trainers to work on the National team to undergo the virtual training of TOT which will be held in March 2022 by the facilitators from Free Being me global.

Kindly recommend the names of 5 Rover / Rangers /Adult leaders from each wing who would be willing to attend the training and further roll the state programme. Names to be sent at waggs@bsgindia.org with a copy to info@bsgindia.org via email on or before **1st March, 2022.**

We solicit your active participation and wide publicity of this opportunity.

Thanking you with regards,

Yours in Guiding,



**(DARSHANA PAWASKAR)
JOINT DIRECTOR OF GUIDES
(PROGRAMME AND TRAINING)**

Encl.: Free Being Me Summarised.

Copy to:-

1. All the NHQ Office Bearers of the Bharat Scouts and Guides, National Headquarters.
2. Chairman/Secretary, Railway Scout and Guide Board, Rail Bhawan, New Delhi.
3. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shahid Jeet Singh Marg, New Delhi - 110016.
4. The Commissioner, Navadaya Vidyalaya Samiti, Institutional Area, B-15, Sector - 62, Noida, Uttar Pradesh – 201309.
5. All the District Secretaries, District Association of Dammam, Riyadh, Muscat and Jamiat Youth Club.
6. All Assistant Director, Bharat Scouts and Guides for follow-up.