



THE BHARAT SCOUTS AND GUIDES

NATIONAL HEADQUARTERS, NEW DELHI

PROJECT



SANKALP

Sankalp is a special Online Bharat Scouts and Guides. This activities for young people viz Scouts Guides Rovers Rangers Unit leaders can engage themselves at home during this Challenging time of Covid 19. Both educational and fun, Sankalp will bring Scouting Guiding to the homes of young people across the country. You can learn about Nature, Environment, SDGs and digitally engage as global citizens through a range of 4 different set of Challenges & activities. The best part is, you'll do all of these at the comfort of your home along with your family.

Scout Guide Mela of the is a compilation of

All you need is a good internet connection, a computer or smartphone and a smile on your face!! Let's just make sure we're taking part in the Digital activities from the comfort of our own home and not from public places or crowded spaces. #stayathome

Sankalp to Create a Better Tomorrow

We have 4 Group of Challenges. To get the recognition you have to complete 2 challenges from each group; however, each individual is encouraged to complete all the challenges.

[A] Health & Well Being

➤ **Challenge 1 – #Reachout**

Call at least 5 of your friends/relatives/colleagues/well-wishers & inform them about Covid-19, various modes of transmission and how to take preventive measures to combat its spread, the steps taken by the Government of INDIA to contain the pandemic with the #21daylockdown and urge them to #stayathome and encourage them to call 5 of their contacts and do the same and keep the chain going on.

Upload this challenge as a #goodturn on www.scout.org use hashtags
#stayathome #21daylockdown #fightcovid19 #bsgindia
#sankalpbyscoutguide

➤ **Challenge 2 – #Stayathome**

Upload your #stayathome selfie in all your social networking sites declaring that you are at home with caption. use hashtags #stayathome #21daylockdown #fightcovid19 #bsgindia #sankalpbyscoutguide

➤ **Challenge 3 – #Handwash**

Upload a video in all your social networking sites demonstrating the Proper Method of Hand wash. Use hashtags #stayathome #21daylockdown #fightcovid19 #bsgindia #handwash #sankalpbyscoutguide

➤ **Challenge 4 -#Visibility**

Make a Poster/Newsletter with the action photos of your friends, collected from social media on Covid-19 and share the same on Your Social Media sites. Use hashtags #stayathome #21daylockdown #fightcovid19 #bsgindia #sankalpbyscoutguide

[B] Environment & Sustainability

➤ **Challenge 1 – #How long until it is gone?**

According to one of the researches, the following is the estimated time for some everyday items to decompose in landfills:

Plastic bottle: 70-450 years
Plastic bag: 500-1,000 years
Tin can: around 50 years
Leather shoes: 25-40 years
Thread: 3-4 months
Cotton: 1-5 months
Rope: 3-14 months
Cigarette: 1-12 years
Aluminum can: 200 years

Milk packet (tetra) covers and drink packets: 5 years
Nylon clothes: 30-40 years
Sanitary napkins and children diapers: 500-800 years
Glass bottles: 1,000,000 years
Hair spray bottle: 200-500 years
Fishing line: 600 years
Glass bottle: 1-2 million years

Understanding the different types of plastic and how long they remain on the Earth or in Seas.

Make a survey of Single use plastic at your home within your family members and inspire them to take a pledge to #giveup atleast 1 Single use plastic.

Post your findings and pledge on www.scout.org and your Social networking Site. Use Hash tags #bsgindia #stayathome #scouts4sdgs #plasticchallenge #bsgppt #sankalpbyscoutguide

➤ **Challenge 2 – # Plastic Tide Turners Challenge**

The Tide Turners Plastic Challenge is a global youth movement to fight plastic pollution around the world. It is designed to inspire young adults to reflect upon their plastic consumption, discover solutions to reduce this consumption, and lead change in their homes, communities, institutions and offices.

By joining the challenge, you will be part of an entire generation of young leaders who are changing the world, one action at a time!

Register yourself at <https://www.tide-turners.org> and complete Entry Level and send us the Member ID from your Profile.

If you complete the Champion Level you will get the Plastic Tide Turners Badge.

➤ **Challenge 3 – #Gogreen**

Make a cloth bag from the Old Textile from your home and use it as a shopping bag. Share this action with pictures on www.scout.org and your Social networking Sites Use Hash tags #bsgindia #stayathome #scouts4sdgs #plasticchallenge #bsgptt #sankalpbyscoutguide

➤ **Challenge 4 – #Goorganic**

Start a terrace garden or a kitchen garden by planting coriander, tomato, potato, green chilly etc. at your home and start a #homefarm

Share your action on www.scout.org and your Social networking Sites Use Hash tags #bsgindia #stayathome #scouts4sdgs #plasticchallenge #bsgptt #sankalpbyscoutguide

[C] Earth Hour

Everyone is encouraged to simply switch off the lights on 28th March from 8:30 pm - 9:30 pm

➤ **Challenge 1 – #Voice for the Planet**

Add your voice to this virtual space for the planet including your commitment to make the world a better place: earthhour.org/voice

Share us with the Link of your voice and share the voice of you on your Social networking Sites with Hashtags #bsgindia #Connect2Earth #Earthhour #bsgearthhour2020 #wwfindia #stayathome #sankalpbyscoutguide

➤ **Challenge 2 – #Virtual Campfire**

Call & Connect your friends through Video Conferencing, ignite virtually, have conversations, sing songs you love.

Share this action with pictures on www.scout.org and your Social networking Sites with Hashtags #bsgindia #Connect2Earth #Earthhour #bsgearthhour2020 #wwfindia #sankalpbyscoutguide

➤ **Challenge 3 – #Game at Night**

While together at home with your family or friends, sit together for some quality time by playing board games. Game night is the perfect opportunity to put down electronic gadgets and the internet, turn out some lights and enjoy the company of people around you.

Share this action with pictures on www.scout.org and your Social networking Sites with Hashtags #bsgindia #Connect2Earth #Earthhour #bsgearthhour2020 #wwfindia #sankalpbyscoutguide

➤ **Challenge 4 – #Dinner-in-the-dark**

On 28th March from 8:30 pm - 9:30 pm, get some candles ready and Cook some healthy and delicious meals that will make your taste buds tingle! Enjoy the dinner with your family.

Share this action with pictures on www.scout.org and your Social networking Sites with Hashtags #bsgindia #Connect2Earth #Earthhour #bsgearthhour2020 #wwfindia #sankalpbyscoutguide

[D] Digital Scouting Guiding

➤ **Challenge 1 – #Special JOTI, 3 – 5 April 2020**

This special edition of our largest digital jamboree will allow you to connect to others, learn new skills, bring Scouting Guiding online, and build new friendships during this challenging time. We'll foster teamwork and intercultural interaction while enhancing safe social engagement and wellbeing. To register visit www.jotajoti.info

Share us your JID and Share your experiences on www.scout.org and your Social networking Sites use hashtag #bsgindia #specialjoti #scouts4sdgs #stayathome #jotajoti #sankalpbyscoutguide

➤ **Challenge 2 – #E-Learning**

Explore the SDG hub <https://sdgs.scout.org/guidelines> and complete the E-Learning Course on Sustainable Development Goals.

Share the Course Completion Certificate on www.scout.org and your Social networking Sites use hashtag #bsgindia #scouts4sdgs #stayathome #sankalpbyscoutguide

➤ **Challenge 3 - #Video Tutorial**

To make a video tutorial on sketching of map, using any one method (Road Travers, Triangulation or Plane Table)

Upload on YouTube channel and share link in your Social networking Sites use hashtag #bsgindia #videostutorials #stayathome #mapmaking #sankalpbyscoutguide

➤ **Challenge 4 – #Webinars**

Participate in any of the following Webinars available on Crowd cast
1 – Digital Engagement of Scouts Guides on 28 March 2020 at 10 Am
<https://www.crowdcast.io/e/digital-engagement-of>

2 - Virtual Crew/Team Council on 29 March 2020 at 5 Pm
<https://www.crowdcast.io/e/virtual-crew-council>

How to Report:

YES, YOU have it in you. Do complete the challenges & activities and upload it on www.scout.org use hashtag #sankalp #bsgindia #stayathome #fightcovid19 #sankalpbyscoutguide and other social networking sites to inspire others.

Prepare the activities report mentioning your name, state, Unit name and address, email id, Aadhar and mobile number and submit to scoutproject1950@gmail.com by 30th April, 2020.

You can also fill up the details in the Google form:
<https://forms.gle/RUJ1irijSfdELq5v5>

Award:

A beautiful digital certificate will be awarded to the individual after receiving the report at NHQ, New Delhi by email only.

DDSP/27.03.2020